

POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

PRO PLATE LOAD PRONE LEG CURL

For the last two decades, Power Lift has utilized the latest technology to ensure those using the equipment receive the best strength training workout with minimal stress on joints. It's been our goal to design innovative, custom Pro Plate Load equipment for elite athletes, and that's exactly what our machines do, build muscle with minimal joint stress.

KEY FEATURES:

- Weight storage standard
- Belt & cam design for improved biomechanics
- Adjustable tibia pad
- Handles for user comfort
- Urethane foot pads standard
- Ratchet seat mechanism accommodates all user sizes
- Low start resistance, with the ability to add plates to accommodate all fitness levels
- Standard counter balance
- 3" thick pads for user comfort and support
- Movable joints feature ball bearings
- Standard weight horns



Overall Dimensions:

74" (L) x 50" (W) x 36" (H)

325 lbs. (Approximate Weight)

Warranty:

Lifetime conditional warranty on frame components. Five years on rotary bearings. One year on belts and grips. Ninety days on upholstery and items not specified.

Part Number:

81162A

powerliftusa.com

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